

# 2024 Mental Health KC Conference Speaker Presentation Application

The 2024 Mental Health KC Conference will be on May 23 and 24 at the Johnson County Community College campus.

Please submit this form no later than January 19, 2024, to be considered as a speaker for the conference.

To complete this speaker application, you will need contact information, 150-word biography, and headshot for all proposed presenters; a 250-word description, 3 learning objectives, and audience engagement strategies for your proposed session; and agreement from all proposed presenters for your session to complete this form on their behalf. You will not be able to submit the form without completing all required items. We encourage all applicants to refer to [this resource on writing learning objectives](#) and [this resource on developing inclusive conference presentations](#).

The purpose of the Mental Health KC Conference is to offer community education and to create awareness about mental health in our community, targeted toward anyone concerned about mental health and its impact on our community, including but not limited to the human service field, community health leaders, practitioners, social workers, corporate employers and employees, non-profit organizations, C-suite, CFO's and CEO's, HR professionals, benefits managers, EAP professionals, workplace occupational health, safety, and wellness, industry leaders, benefits consultants, wellness specialists and health and social services providers. Attendees will receive current industry leading, best practice approaches to effect change in their lives and in the lives of others. The conference will consist of Keynote Speakers and breakout sessions, led by a diverse collection of dynamic, knowledgeable speakers and topic facilitators. Breakout sessions can be lecture, workshop, or panel sessions with one or more presenters, and typically have an average of 50-75 participants. This year, we will have breakout sessions that are 45 minutes, 60 minutes, and 75 minutes in length.

This year, we plan to identify presentations by the intended audience: mental health clinicians or a non-clinical audience. As you complete your proposal, please indicate for whom your presentation is best suited.

We are seeking proposals related to the following topics, though encourage your creativity as you consider how best to support mental health awareness in our community for this conference:

**Mental Health Education:** Understanding the signs and symptoms of common mental illnesses and substance use disorders, recognizing mental health disparities, and reducing stigma.

**Youth & Young Adults:** Creating solutions in partnership with young people.

**Social Determinants of Mental Health (SDOMH):** Identifying and understanding trauma, the SDOMH, and their impact on health equity, and responding in trauma-informed ways.

**Continuum of Prevention:** Promoting well-being, preventing illness, increasing resilience, and fostering recovery.

**Crisis Response:** Responding to mental health crises, substance use, and suicide, 988 implementation, and new pathways in harm reduction.

**Recovery and Resilience:** Promoting the role of peer support, substance use and recovery, the power of lived-experience, healthy workforce strategies, and self-care.

**Innovation & Promising Practices:** Exploring emerging trends in mental health treatment and well-being promotion, including digital mental health support, alternative therapies, integrated care, increasing equity and inclusion, genetics-based research and treatment, and more.

The planning committee may request revisions or an alternate format for your proposed session. You will be notified no later than March 1 of the status of your submission.

For more information on the conference, visit [www.mentalhealthkc.org](http://www.mentalhealthkc.org)

If you have questions about this application or the event, please email [info@mentalhealthkc.org](mailto:info@mentalhealthkc.org).

**To apply, submit this information in full at <https://bit.ly/MHKC2024>:**

If the Google Form is not working for you to submit, please email the requested information in its entirety to [andrea.dalton@uhkc.org](mailto:andrea.dalton@uhkc.org) no later than January 19 at 5pm. Incomplete proposals will not be considered.

Preferred email address for conference correspondence:

Proposal types:

Lecture sessions will have primarily the presenter(s) delivering information.

Workshop sessions will have a majority of the time dedicated to participants engaging in interactive learning activities.

Panels or roundtable discussions will have limited pre-prepared lecture or activities and will be facilitated by a moderator who engages the panelists in discussion on the topic as well as takes questions from the audience.

Please select the type of presentation you are proposing:

Lecture by one presenter

Lecture by two or more presenters

Workshop by one presenter

Workshop by two or more presenters

Panel or roundtable discussion with three or more participants (please see page 5)

**Primary Presenter Contact Information:**

Please complete all information in full for the primary contact for your proposed presentation.

First name:

Last name:

Job Title:

Workplace:

Street Address:

City:

State:

Zip:

Cell phone number:

**Presenter Biography, Experience, and Headshot**

Please submit a headshot to be used on the event website and other media platforms if your presentation is selected. By submitting this presentation proposal form, you are consenting to Metro Council using your photo in this manner. Please include your full name in the file name and attach your headshot to the email along with this form.

Biography (150 word maximum):

Have you presented on this topic before?

Yes

No

If you have presented on this topic before, please list where, when, and for what audience:

If you have additional presenters for this proposal, please submit their information below.

Additional Presenter Information:

Please provide the following information **for every presenter** in your proposed presentation. Note that all information is required upon submission and your proposal will not be considered with incomplete presenter information. Attach additional presenter headshot to the email submission, including presenter's full name in the file name.

Additional presenter(s) contact information:

First and last name

Email address

Cell phone number

Job title and organization

Additional presenter(s) biography (150 word maximum)

# Presentation Proposal: Please complete all information in full.

Presentation title:

Preferred presentation length (check all that apply):

45 minutes 60 minutes 75 minutes

Intended audience:

Mental health clinicians

Non-clinicians

Presentation abstract (maximum of 250 words):

Please submit 3 learning objectives identifying specific, measurable, and observable behaviors that participants should be able to demonstrate by the end of your presentation. Choose a verb that matches the desired level of knowledge or skill, and be sure your objective is an outcome ([see information on Bloom's Taxonomy and guidelines for writing learning objectives from AAMC](#)).

Please describe how you will engage the audience to assess progress toward the learning objectives:

Please identify the topic area for your proposed session:

**Mental Health Education:** Understanding the signs and symptoms of common mental illnesses and substance use disorders, recognizing mental health disparities, and reducing stigma.

**Youth & Young Adults:** Creating solutions in partnership with young people.

**Social Determinants of Mental Health (SDOMH):** Identifying and understanding trauma, the SDOMH, and their impact on health equity, and responding in trauma-informed ways.

**Continuum of Prevention:** Promoting well-being, preventing illness, increasing resilience, and fostering recovery.

**Crisis Response:** Responding to mental health crises, substance use, and suicide, 988 implementation, and new pathways in harm reduction.

**Recovery and Resilience:** Promoting the role of peer support, substance use and recovery, the power of lived-experience, healthy workforce strategies, and self-care.

**Innovation & Promising Practices:** Exploring emerging trends in mental health treatment and well-being promotion, including digital mental health support, alternative therapies, integrated care, increasing equity and inclusion, genetics-based research and treatment, and more.

**Other:** Please describe

## For Panels or Roundtable Discussions: Please complete this information in full.

Title of the proposed panel or roundtable discussion:

Please describe the goal(s) of your proposed panel or roundtable discussion:

Please identify the topic area for your proposed session:

- Mental Health Education:** Understanding the signs and symptoms of common mental illnesses and substance use disorders, recognizing mental health disparities, and reducing stigma.
- Youth & Young Adults:** Creating solutions in partnership with young people.
- Social Determinants of Mental Health (SDOMH):** Identifying and understanding trauma, the SDOMH, and their impact on health equity, and responding in trauma-informed ways.
- Continuum of Prevention:** Promoting well-being, preventing illness, increasing resilience, and fostering recovery.
- Crisis Response:** Responding to mental health crises, substance use, and suicide, 988 implementation, and new pathways in harm reduction.
- Recovery and Resilience:** Promoting the role of peer support, substance use and recovery, the power of lived-experience, healthy workforce strategies, and self-care.
- Innovation & Promising Practices:** Exploring emerging trends in mental health treatment and well-being promotion, including digital mental health support, alternative therapies, integrated care, increasing equity and inclusion, genetics-based research and treatment, and more.
- Other:** Please describe

Abstract/Description suitable for publication in the conference program (maximum 250 words):

Please submit 3 learning objectives identifying specific, measurable, and observable behaviors that participants should be able to demonstrate by the end of your presentation. Choose a verb that matches the desired level of knowledge or skill, and be sure your objective is an outcome ([see information on Bloom's Taxonomy and guidelines for writing learning objectives from AAMC](#)).

# Panel/Roundtable Personnel Information

Name of panel/roundtable moderator:

Please submit a headshot of the moderator. Include their full name in the file name and attach to your email.

Moderator's brief biography (150 words or less):

We recommend panels/roundtable discussions of at least three participants. Please list your panelists' names and credentials, and submit a brief biography (150 words or less) and headshot for each panelist.

## **ALL SUBMISSIONS, please complete the following speaker disclosure and agreement:**

I have no conflict of interest with the Metro Council regarding my presentation or presenting at this conference. I understand that my learning session is not a showcase for promotion of my business, practice, or product. I acknowledge that Metro Council has the rights to utilize the information submitted in marketing the breakout session if I am selected to be a presenter. If selected to present at the Mental Health KC Conference, I agree to provide a copy of the slide presentation to Metro Council 15 days prior to the conference, and agree to ensure my presentation follows [the guidelines for inclusive conference presentations](#).

I hereby acknowledge the above statement. Typing my name below serves as my electronic signature. If submitting this proposal on behalf of additional presenters, I acknowledge that all presenters are aware of this disclosure and agreement and have consented to my agreement on their behalf.

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Please save this form with your presentation title in the file name. Attach to an email and include all presenter/panelist headshots with their names in the file names, and send to [Andrea.Dalton@uhkc.org](mailto:Andrea.Dalton@uhkc.org).